

**HEALTH AND WELL BEING BOARD
14 MARCH 2024**

ITEM NO.

**JOINT LOCAL HEALTH AND WELLBEING STRATEGY
(DARLINGTON HEALTH AND WELLBEING PLAN 2023-2027)**

SUMMARY REPORT

Purpose of the Report

1. To receive the feedback from the Health and Wellbeing Board workshop on 14 December 2023 when Board members considered local priorities and agreed the framework for the Plan.

Summary

2. The Board agreed a framework that generally reflects the life course recognising that a number of priorities and themes span across generations.
 - (a) Children and Young People: Best Start in Life
 - (b) Staying Healthy and Living well
 - (c) Healthy Places
 - (d) Healthy Ways of Working
3. Board members had previously considered the key determinants of health inequality (HWBB meeting September 2023, copies of the presentation were available at the workshop as a reference and resource), and how these affect people cumulatively across the life course.
4. A wide range of evidence-based programmes and initiatives were considered under the above themes, see **Appendix 1** for the full list of potential programmes.
5. **Feedback from the workshop included:**
 - (a) Each of the themes needed a stated ambition with a manageable number of priority programmes with key short-term actions (2023-2027)
 - (b) HWBB members were clear that it was important to avoid duplication and that key strategies across partner organisations should be acknowledged and linked rather than duplicated, e.g. the emerging Police and Crime Commissioner's Plan, the NHS ICB Forward Plan and Darlington Borough Council Plan
 - (c) Recognition that some health and wellbeing priorities do not sit neatly in one theme, e.g. participants were clear that emotional /mental health spans a whole life course,

similarly a Tobacco Alliance supports a Best Start in Life, Living Well and Environmental factors.

- (d) The impact of trauma was raised, the effect it has on health and wellbeing and the scope for partners to raise awareness and recognition.
- (e) Board members questioned what a “health inequalities lens” meant for the Health and Wellbeing Plan, examples discussed included understanding the barriers to accessing services, actions to poverty “proof” services, understanding community profiles at ward, or more local level and responding to them.
- (f) Board members commented that each theme of the framework required further work to develop key actions and deliverables in order to monitor progress, leading to refreshed or updated priorities as appropriate.
- (g) The HWBB Chair thanked the Board members for their participation and views, which will inform the detail of the Plan. The Chair encouraged colleagues to consider offering to lead a theme, ie one of the 4 areas of the framework. Each theme will have the support of one of the Public Health Portfolio team.
- (h) Consideration still needs to be given to how best to involve wider community partners and local businesses in delivering the HWB Plan

Recommendation

6. It is recommended that: -

- (a) Health and Wellbeing Board members consider the next steps to develop the detail of the Health and Wellbeing Plan, using the framework of the 4 themes described in Paragraph 2
- (b) The feedback from the ‘tabletop’ discussions at the workshop in December 2023, a) – h) above are taken into account when developing the next stage of the Health and Wellbeing Plan.
- (c) Health and Wellbeing Board members consider a second workshop to develop key actions under each section of the framework.

Reasons

7. The recommendations are supported by the following reasons: -

- (a) It is a statutory duty of the Health and Wellbeing Board to improve the health and wellbeing of the local population, reduce health inequalities and, in partnership develop a Joint Local Health and Wellbeing Strategy, (Health and Wellbeing Plan).

Lorraine Hughes
Director of Public Health

Background Papers

None

Miriam Davidson
 Interim DPH, Darlington
 February 2024

S17 Crime and Disorder	There are no implications arising from this report.
Health and Wellbeing	The development of a Joint Local Health and Wellbeing Strategy is a requirement of the HWBB.
Carbon Impact and Climate Change	There are no implications arising from this report.
Diversity	There are no implications arising from this report.
Wards Affected	All
Groups Affected	All
Budget and Policy Framework	N/A
Key Decision	N/A
Urgent Decision	N/A
Council Plan	N/A
Efficiency	N/A
Impact on Looked After Children and Care Leavers	Looked After Children and Care Leavers may experience health inequality therefore are affected by the HWB Plan

Appendix 1

Place: Darlington Borough Council

The following actions are evidenced-based proposals to simulate discussion.

1	<p>Children and Young People – Are safe, thriving and enjoying the best start in life:</p> <ul style="list-style-type: none"> • Support for a smoke-free pregnancy and infant feeding. • Delivery of 0-19 years services, including school nursing and health visiting, National Child Measurement Programme. • Oral health promotion. • Domestic Abuse awareness. • Support for children and young people’s mental health. • Tobacco Control Alliance. • NHS England Children and Young People programme. • Awareness of the impact of trauma 	2	<p>Staying Healthy and Living Well, actions to include:</p> <ul style="list-style-type: none"> • Appropriate service provision which promotes prevention and self-care close to home. • Supporting mental wellbeing including access to a fair job for a fair wage and good quality housing; • Alcohol services, substance misuse treatment services, suicide prevention; • Review gambling patterns and consider workplace charter. • Targeted hygiene for health protection • Delivery of NHS health checks, improve detection and management of 3 high-risk conditions for cardiovascular disease: • Increase the rate of “Healthy Weight”; • Support NHS England Core 20 Plus 5, their approach to reduce healthcare
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			<p>inequalities;</p> <ul style="list-style-type: none"> • Carers support aligned with Better Care Fund requirements, in partnership with Community and Voluntary sector organisations; • Support the Primary Care Network to understand the greatest community need in their area, and work with them to pilot new models of care; • Promote enhanced health in care homes; • End of life care and support with care, which is competent, compassionate and personalised.
<p>3</p>	<p>Healthy Places, actions to include:</p> <ul style="list-style-type: none"> • Provision of safe, clean outdoor spaces where people of all ages can be physically active and meet others; • Create experiences and activities are important to wellbeing for all ages. Theatre Hullabaloo has a specialist offering for young audiences; • Libraries and reading support; • Promotion of active travel; • Support work experience as a pathway to employment; • Darlington ‘anchor institutions can have an impact together on the wider factors influencing 	<p>4</p>	<p>Healthy Ways of Working, actions to include:</p> <ul style="list-style-type: none"> • Share grant funding opportunities available for communities to deliver local health and wellbeing initiatives; • Support actions to develop workforce skills across care and support services; • Share messages from engagement surveys, user experience feedback and community leaders; • Maintain the Joint Strategic Needs Assessment so that data is good quality and provides a picture of health inequalities;

	<p>health and wellbeing;</p> <ul style="list-style-type: none">• A positive impact of the COVID pandemic was the number of people coming forward as volunteers. Promote opportunities for volunteers to help with local isolation and loneliness.		<ul style="list-style-type: none">• Consider shared workforce charters, e.g., gambling workforce charter, health at work compacts.
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